



**EXPERT DRIVEN PRODUCT FOR YOUR SKIN, HAIR AND HEALTH**

# SKINBRIGHT



A combination of 4 powerful antioxidants that helps reduce free radical damage and oxidative stress.

RESULTS:

- ✓ Lighter , brighter, more even toned skin
- ✓ Detoxifies liver
- ✓ Reduces premature ageing
- ✓ Acts as an internal sunscreen : preventing damage done by external factors like UV rays and pollutions
- ✓ Reverses damage done to skin and body over the years
- ✓ Reduces and prevents tan
- ✓ Helps reduce issues related to oxidative stress like pigmentation and acne

DOSAGE

WHEN TO TAKE



After breakfast or lunch

MAINTENANCE



tablet per day

CORRECTIVE



tablets per day

\*corrective used if a lot of exposure to sun, pollution, Kenya physical stress. Or any current issues like pigmentation, acne, skin fullness, etc

CONDITIONS IT HELP



TANNING



PCOS



PIGMENTATION



HAIRFALL



ACNE



DULL SKIN

+ EVERY OTHER HEALTH AILMENT WHERE OXIDATIVE STRESS IS THE CAUSE

# DEFENCE



A powerful anti-inflammatory made using the fusion of ingredients from the west with traditional age old ingredients like turmeric and ginger.

## RESULTS:

- Clearer skin
- Less sensitive skin
- Healthier gut
- Better immunity
- Reduces inflammation
- Helps reduce eczema
- Helps reduce acne inflammation
- Helps reduce rosacea
- Soothes irritable gut
- Boosts immunity
- Helps reduce skin allergies / sensitivity
- Reduces and prevents pigmentation
- Reduces every other issue linked to inflammation

## DOSAGE

### WHEN TO TAKE



After breakfast

### MAINTENANCE



tablet per day

### CORRECTIVE



tablets per day

## CONDITIONS IT HELP



ECZEMA



ROSACEA



ALOPECIA



IRRITABLE GUT



PIGMENTATION



ACNE



SENSITIVE SKIN



RASHES



ALLERGIES

+ ANY OTHER ISSUE LINKED TO INFLAMMATION

# ANAGEN



A combination of essential amino acids, minerals, and vitamins to help your cells repair, rebuild and replenish; giving you healthier skin, hair and nails.

## RESULTS:

- Reduced hairfall
- Reduced acne
- Healthier hair
- Stronger nails

## DOSAGE

### WHEN TO TAKE



At night, 1-2 hours before sleeping, after dinner

### MAINTENANCE



tablet per day

### CORRECTIVE



tablets per day

\*corrective dosage used for patients with hairfall, acne, weak nails.

## CONDITIONS IT HELP



ACNE



HAIRFALL



OPEN PORES



SKIN TEXTURE



WEAK NAILS



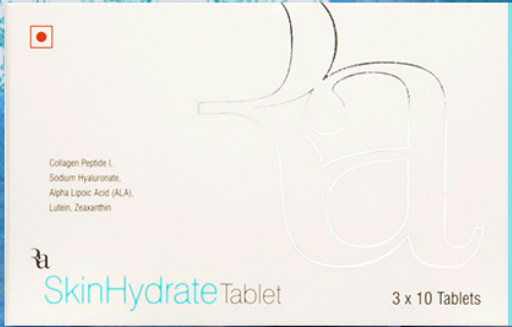
ALOPECIA



INSOMNIA



# SKIN HYDRATE



With ingredients like sodium hyaluronate, collagen and alpha lipoic acid, this supplement was made to hydrate your body and skin from within!

## RESULTS:

- Hydrated skin
- Youthful skin
- Better healing
- Improved retention of hydration

## DOSAGE

### WHEN TO TAKE



Anytime after food

### MAINTENANCE



1 tablet per day

### CORRECTIVE



2 tablets per day

\*corrective dosage is used for patients with dry skin, eczema, ageing skin, etc

## CONDITIONS IT HELP



ECZEMA



DRY SKIN



AGEING SKIN



JOINT PAIN



DRY EYES



DRY, BRITTLE HAIR



SENSITIVE SKIN



WOUND HEALING



# VITAMIN C+

One of the only vitamin c supplements made from organic sources of amla, grapefruit and orange peel extract. Our supplement is Sugar free and does not contain sodium bicarbonate. It is a great antioxidant and anti inflammatory



## RESULTS:

- Radiant skin
- Boosted immunity
- Healthier body
- Youthful skin
- Helps improve absorption of nutrients
- Reduces oxidative stress

## DOSAGE

### WHEN TO TAKE



After breakfast or lunch

### MAINTENANCE



tablet per day

## CONDITIONS IT HELP



DULL SKIN

PITUITARY AND ADRENAL HEALTH



DARK SPOT

CARDIOVASCULAR HEALTH



ACNE SCARS

+  
IRON DEFICIENCY  
(AND OTHER NUTRITIONAL DEFICIENCIES)



PIGMENTATION

COMPROMISED IMMUNITY



BRAIN FUNCTION

WOUND HEALING  
TISSUE REPAIR

+ COLLAGEN, ELASTIN AND GROUND SUBSTANCE ENHANCEMENT

# PRIMROSE+



Essential fatty acids that helps issues related to pcos, pms and menopause. It also helps heal and repair.

RESULTS:

- Reduced hormonal acne
- Reduced bloating
- Reduced menstrual cramps
- Reduced hot flashes
- Reduced mood swings
- Reduced breast tenderness
- Reduced skin sensitivity
- Reduced skin dryness
- Youthful, healthy, calm skin

DOSAGE

WHEN TO TAKE



Anytime after food

MAINTENANCE



tablets per day

CORRECTIVE



tablets per day

\*corrective dosage for patients with hormonal imbalances, pcos, menopause, pms, eczema, dry sensitive skin.

CONDITIONS IT HELP

ECZEMA

DRY SKIN

AGEING SKIN

PCOS

PMS

MENOPAUSE

DRY, BRITTLE HAIR

CARDIAC HEALTH



# ESSENTIAL



A multivitamin made using the best vitamins and minerals, the basic essentials for healthier skin and hair and general wellbeing.

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## DOSAGE

### WHEN TO TAKE



Anytime after food



1 tablet per day





Beauty for sure shows on skin and hair; but internal well-being is where it all begins. Which is why I decided to put together the best essential ingredients and create a line of beauty supplements to take care of your beauty needs! Supplements should be a part of your skin/hair care routine thus making it an integral part of your well being and upkeep.

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